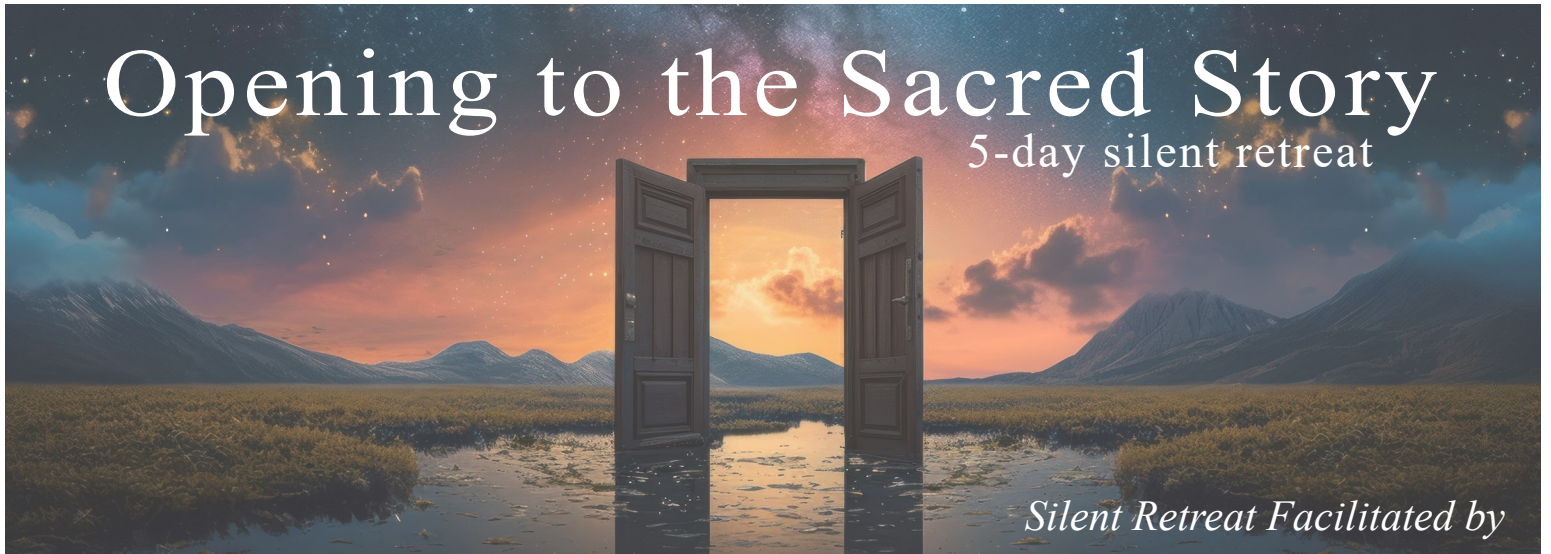


Opening to the Sacred Story

5-day silent retreat



Silent Retreat Facilitated by

Silent Retreat

August 28 - September 1, 2024



This silent retreat will focus on using the imagination to open to sacred story, both scripture narratives and the unfolding sacred story of our lives.

Various methods of connecting with the Holy will be employed, including Ignatian spirituality, journaling, soul collage, and using Enneagram as a tool to help integrate life-giving shifts from long-held patterns and defenses. There will be time for individual and group reflection, as well as opportunities for spiritual direction.

John Ensign, PHD, is a clinical psychologist and a Jungian analyst with more than four decades of clinical experience across a wide range of settings. He is also a spiritual director with extensive training in Ignatian spirituality and holds a master's degree in theology. He has a longtime interest in the relationship between Eastern and Western contemplative practices and works with individuals from multiple traditions. He is the author of *Depth Calls to Depth: Spiritual Direction and Jungian Psychology in Dialogue*, published in 2023 by Chiron Publications.

Colleen Gregg, MA, is Director of Mercy Center Auburn, and serves as spiritual director, supervisor, retreat facilitator, and program coordinator. She has been involved in retreat ministry for over 25 years. Colleen holds a Master's degree in Pastoral Theology and received her spiritual direction and supervision certifications from the Institute of Spiritual Direction at Mercy Center Burlingame.

Joan Stockbridge, MA, is a trained Soulcollage® facilitator and spiritual director who regularly leads groups. As a poet and storyteller she facilitates workshops using sacred stories and texts for transformation and healing. She is also on the faculty of Bread of Life's Listen to Your Life program. She follows a path of contemplative Christianity.

REGISTRATION: OPENING TO THE SACRED STORY

BEGINS: Wednesday, August 28th (check-in from 3:00 pm to 5:00pm) Dinner @6:00pm

ENDS: Sunday, September 1st (after 10:30am brunch)

COST: \$550 Resident/\$495 Commuter (\$75 non-refundable deposit required)

Name: _____ Phone: _____

Address: _____ City/Zip: _____

Email: _____ Credit Card _____
____ Visa ____ Mastercard ____ Amex Exp. Date _____ CID _____

\$550 Resident (\$75 non-refundable deposit)

\$495 Commuter (\$75 non-refundable deposit)



Mail with deposit to: Mercy Center Auburn, 535 Sacramento Street, Auburn, CA 95603 ▪ 530-887-2019